



Fotterall, Sarah K.

**Manuscript recipe book
circa 1800-1864**

Abstract: This early- to mid-nineteenth-century manuscript book records recipes for food, medicinal cures, and household tips. It belonged to Sarah K. Fotterall who may have lived in the Mid-Atlantic region, possibly Philadelphia.

Descriptive Summary

Identification: MSS 097, Item 107
Creator: Fotterall, Sarah K.
Title: Manuscript recipe book
Inclusive Dates: circa 1800-1864
Extent: 1 v. (152 p.) ; 20 cm.
Language: Materials entirely in English.

Administrative Information

Citation: MSS 097, Item 107, Sarah K. Fotterall, Manuscript recipe book, Special Collections, University of Delaware Library, Newark, Delaware.

Shelving Summary: Item 107: Shelved in SPEC MSS 097

Location: Special Collections, University of Delaware Library Newark, Delaware
19717-5267 Phone: 302-831-2229 Fax: 302-831-6003 URL:
<http://www.lib.udel.edu/ud/spec/>

Source: Gift of the Moyerman Family, 1972.

Processing: Processed and encoded by Lindsey Baker, June 2007.

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Biographical Note

Sarah K. Fotterall is the creator of this nineteenth-century manuscript recipe book. Certain recipe ingredients, such as oysters, tomatoes, and peaches, suggest that she may have lived in the mid-Atlantic region. Furthermore, the use of imported produce such as lemons, oranges, coconut, and pineapples indicate that the author had access to a port city, possibly Philadelphia.

Sources:

Biographical information derived from the collection.

Scope and Content Note

This nineteenth-century manuscript volume, containing food and medicinal receipts, belonged to Sarah K. Fotterall, whose name is engraved on the front cover. This small, leather-bound volume contains recipes for a variety of types of food and drink, home remedies, and housekeeping tips.

The food and drink recipes are arranged in categories such as meat preparation and pickling. They include instructions for preparing fish, beef, pastries, vegetables, bread, beer, and cordials. The medicinal recipes include instructions for treating colds, swelling, cough, and cramps. The housekeeping hints are much fewer in number and include instructions for cleaning silk and preventing hair loss. Some of the recipes throughout the book are attributed to others, such as the Brandy Peaches, which are noted as "Mrs. Birking's receipt."

Food receipts comprise the front three-quarters of the volume. Between the sections, some pages are left blank, preserving space for later additions. Several pages have also been torn out. The remaining quarter consists of medicinal receipts, followed by a small number of housekeeping receipts. Fotterall oriented the food and medicinal sections differently, so the reader must turn the volume upside-down to view the final section.

The volume consists of 152 pages, 118 of which bear writing in ink and pencil; marbled pastedowns; and four items laid-in items, including instructions on how to wash blankets and a newspaper clipping dated 1864.

Selected Search Terms

Topical Terms

Cooking, American.

Formulas, recipes, etc.

Materia medica.

Form/Genre Terms

Cookbooks.

Recipes.

Manuals (Handbooks)

Related Materials in this Repository

This item forms part of MSS 097 Diaries, Journals, and Ships' Logs collection.

Detailed Description of the Collection

Manuscript recipe book, circa 1800-1864 [Box 107]

1 v.
